

# Amenities

Enhancing your distinctively independent lifestyle by providing first class service and facilities, with outstanding amenities.

## Residences

Full-size kitchens, including a refrigerator with ice maker, microwave, garbage disposal, electric range and dishwasher  
Well-appointed finishes, flooring and overhead lighting  
Individually controlled thermostats  
Plenty of storage options, with walk-in closets in most apartment homes  
Separate storage areas for each apartment  
All utilities including water, electricity, heat and air conditioning  
Local phone service and extended basic cable at no additional cost  
Hard-wired smoke detectors  
Free wi-fi available  
A-1 rated, solid concrete and steel construction  
Regularly scheduled housekeeping and maintenance services  
Convenient laundry facilities, and hook-ups for stacked washer/dryer units in most apartment homes  
Personalized flat linen service  
Attractive campus green spaces with professional landscaping  
Ample off-street parking and detached garages  
Pets are welcome; however, certain restrictions do apply and a deposit is required  
Campus security includes a night watchman seven days per week  
Emergency Response System  
Recycling centers in each building

## Dining Services

Conveniently located dining rooms  
Breakfast, lunch, and dinner are served restaurant style each day  
A diverse selection of entrees, side dishes and desserts  
Two private dining rooms available by reservation  
Flexible, open dining to complement your personal schedule  
Affordable guest meals  
Beverage bar for 24-hour refreshments  
Pastry chef and on-site bakery  
Patio dining available on request, with access to gas grill  
Catering services for meetings and family gatherings  
Consulting dietitian

## Fitness, Wellness and Life Enrichment

Two complete fitness centers supervised by our physical therapy team  
Regularly scheduled exercise classes for men and women  
Outpatient Physical Therapy clinic for maintaining strength and flexibility  
Massage Therapy Clinic  
A variety of programs, events, fellowship opportunities and trips planned by our full-time Program & Events staff  
Personal garden plots  
Three library locations  
Billiard room  
Three Resource Centers with computer access and free Internet services for residents  
Doc Buswell's Ice Cream Shoppe

## Spiritual Life Program

Chaplaincy program includes regularly scheduled Chapel services, Bible study, Sunday evening Vesper services and Chaplain visitation

## Personal Services

Transportation available for regularly scheduled shopping trips, as well as personal and medical appointments  
On-site banking services with Union Bank & Trust Company  
Three Salons  
Guest accommodations for family and friends  
Whirlpool bathing centers  
Convenient mid-town location with proximity to shopping, hospitals, banks, restaurants and entertainment



## Health Care Services

Health clinics staffed with licensed nursing personnel available for consultation, health screening, and routine blood pressure checks  
Regularly scheduled support services, such as podiatrist and hearing aid assistance  
Skilled rehabilitation / Medicare certified suites  
48-bed skilled nursing facility  
41 apartments for assisted living at THE SEASONS  
20 licensed assisted living suites in The Summit  
Six-person, licensed assisted living facility dedicated to end-of-life care at THE MONARCH



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*independent living • assisted living • long term care*